



Inspirational Solutions In your hands consultancy

Inspirational Leadership

So how is this different to other leadership courses?

This leadership course is underpinned by (NLP) Neuro-Linguistic Programming. NLP is one of the fastest growing solutions to those who want to improve their personal life/development, own business or professional career. NLP is at the cutting edge of business and co-operate consultancy, which has been tried and tested globally with inspirational success.

NLP is an established set of principles for developing personal performance, based on understanding and influencing our thoughts and view of the world. NLP is simply the study of how our mind, language and behaviour relate to each other, and has been around for over 30 years.

Within this course I will teach a range of personal and leadership development tools to assist people who are in or entering into a leadership position. The course will give you the tools to understand yourself and how you behave, which in turn allows you to develop the qualities of a great leader.

What will you get out of the course?

- Gain insight into your own leadership style.
- Understand & know what makes a good leader.
- Strategies leaders use to unite people behind their vision
- Understand what makes people tick and to how to motivate and influence them
- Confidence in your abilities as a leader.
- The ability to empower and motivate your staff

What will be covered?

- A brief history of NLP
- The principles of NLP
- The communication model.
- Rapport, what it is and how to really use it.
- Giving and receiving feedback
- Perceptual positions - insight into how other people perceive you.
- To be able to feel how you want to feel not how you're made.

Who is the course for?

The course is for anyone who wants to improve themselves and learn new skills. This course is of particular value for team leaders and managers, especially those who are in or entering into a leadership position.

What other people have said.

‘What an inspirational course’

‘I could have done with doing this course years ago!’

‘The training was clear and easy to understand’

‘I have gained so many insights into myself can't wait to start putting them into practise.’

Who is Donna Blinston?

Donna Blinston is a Master Practitioner in NLP and founder of Inspirational Solutions Donna is extremely passionate about improving people's quality of life. By teaching the tools and techniques of NLP it will enable people to reach their full potential, get what they want out of their career and enjoy their work.

We run bespoke corporate NLP programs that have doubled sales conversion rates and helped corporate L&D professionals to increase training retention and achieve dramatic changes in the impact of their training design and delivery

Penrhiw House
Rhydymain
Dolgellau
Gwynedd
LL40 2BD

For further information or to book your place on the next course contact us today

01341450663

info@inspirationsolutions-nlp.co.uk
www.inspirationsolutions-nlp.co.uk