



Inspirational Solutions In your hands consultancy

Inspirational Management-Understand, Predict, and Influence Behaviour

Course Overview

Within this course you will learn a range of tools and techniques that will help staff to understand the behaviour of their colleagues and clients. By understanding why they behave in that way you will be able to pre-empt and influence them. You will learn how to communicate even more effectively and how to use language to empower and motivate your staff. The course will give you the tools to understand yourself and your behaviours, which in turn allows you to develop the qualities of a great manager.

This management course is underpinned by NLP; Neuro-Linguistic Programming. NLP is one of the fastest growing solutions to those who want to improve their personal life/development, business or professional life. NLP is at the cutting edge of business and corporate consultancy, which has been tried and tested globally with inspirational success.

NLP is an established set of principles for developing personal performance, based on understanding and influencing our thoughts and view of the world. NLP is simply the study of how our mind, language and behaviour relate to each other, and has been around for over 30 years. This course has been developed specifically for managers who want to make even more of a difference to how their department runs.

Who is the course for?

The course is for anyone who wants to improve themselves and learn new skills. This course is of particular value for business professionals; especially those who are in or entering into a leadership or management position. This course is excellent for people in management, HR and recruitment positions

What other people have said.

'I could have done with doing this course years ago!' Richard
Charlton, Sussex

'The training was clear and easy to understand' Mandy
Strudbruck Chester

'I have gained so many insights into myself can't wait
start putting them into practise' Alan Shore

What will you get out of the course?

- Gain insight into your own management style.
- Know what makes a good manager
- Learn how people communicate
- Understand your colleagues by learning the 15 personality traits. .
- Learn how to motivate and influence colleagues.
- Learn how to gain insight into someone else's point of view.

What will be covered?

- A brief history of NLP and the principles of NLP
- Rapport, what it is and how to really use it.
- Giving and receiving feedback
- Insight into how other people perceive you.
- To be able to feel how you want to feel not how you're made.
- The communication model.
- The structure of experience
- Managing state
- Understanding patterns of behavior
- Reframing techniques
- Creative problem solving techniques
- Logical Levels of Change and development

Who is Donna Blinston?

Donna Blinston is a Master Practitioner in NLP and founder of Inspirational Solutions Donna is extremely passionate about improving people's quality of life. By teaching the tools and techniques of NLP it will enable people to reach their full potential, get what they want out of their career and enjoy their work. We run bespoke corporate NLP programs that have doubled sales conversion rates and helped corporate L&D professionals to increase training retention and achieve dramatic changes in the impact of their training design and delivery

Penrhiw House
Rhydymain
Dolgellau
Gwynedd
LL40 2BD

For further information or to book your place on the next course
Please contact us today

01341450663

info@inspirationsolutions-nlp.co.uk
www.inspirationsolutions-nlp.co.uk