



Inspirational Solutions In your hands consultancy

Inspirational Management-Understand, Predict, and Influence Behaviour

Course Overview

Within this course you will learn a range of tools and techniques that will help staff to understand the behaviour of their colleagues and patients. By understanding why they behave in that way you will be able to pre-empt and influence them. You will learn how to communicate even more effectively and how to use language to empower and motivate your staff. The course will give you the tools to understand yourself and your behaviours, which in turn allows you to develop the qualities of a great manager.

This management course is underpinned by NLP; Neuro Linguistic Programming. NLP is one of the fastest growing solutions to those who want to improve their personal life/development, business or professional life. NLP is at the cutting edge of business and corporate consultancy, which has been tried and tested globally with inspirational success.

As a master practitioner in NLP I intend to bring these techniques in to common practise in the NHS and improve the leadership and management styles which in turn will improve the working lives of all NHS staff. This course has been developed specifically for managers who want to make even more of a difference to how their department runs.

Who is the course for?

The course is for anyone who wants to improve themselves and learn new skills. This course is of particular value for health care professionals; from physio's through nurses to consultants especially those who are in or entering into a leadership or management position. This course is excellent for people in management positions, HR, recruitment

What other people have said.

'I could have done with doing this course years ago!'
Richard Charlton, Sussex

'The training was clear and easy to understand' Mandy
Strudbruck Chester

'I have gained so many insights into myself can't wait
start putting them into practise' Alan Shore

What will you get out of the course?

- Understand management and how it relates to clinical practise
- Gain insight into your own management style.
- Core Dimension 1-4 of the KSF covered in an exciting and inspiring way.
- Know what makes a good manager
- How people communicate
- Understand your colleagues by learning the 15 personality traits. .
- to motivate and influence them.
- Learn how to gain insight into someone else's point of view.

What will be covered?

- A brief history of NLP and the principles of NLP
- Rapport, what it is and how to really use it.
- Giving and receiving feedback
- Insight into how other people perceive you.
- To be able to feel how you want to feel not how you're made.
- The communication model.
- The structure of experience
- Managing state
- Understanding patterns of behavior
- Reframing techniques
- Creative problem solving techniques
- Logical Levels of Change and development

Who is Donna Blinston?

Donna Blinston is a Master Practitioner in NLP alongside her nursing where she currently works as a staff nurse in ICU-Intensive Care Unit. Previously was the ward sister of a gastroenterology ward of which she worked on from qualifying.

Donna is extremely passionate about nursing and improving people's quality of life. Her goal and aim in life is to bring NLP into health care. By teaching the tools and techniques of NLP it will enable people to reach their full potential, get what they want out of their career and enjoy their work. This in turn will improve the patients NHS experience, and support them through their illnesses.

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For further information or to book your place on the next course

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Please contact us today

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